

Table 1: Summary of the data	
Variable	Description
Age	Age in years
Gender	Male/Female
Marital Status	Married/Single/Divorced
Education	High School/College/Graduate
Income	Annual income in thousands of dollars
Health Insurance	Yes/No
Smoking	Yes/No
Alcohol Consumption	Frequency of alcohol consumption
Exercise	Frequency of exercise
Stress	Level of stress
Depression	Presence of depression
Loneliness	Level of loneliness
Life Satisfaction	Overall life satisfaction

Table 2: Summary of the data	
Variable	Description
Age	Age in years
Gender	Male/Female
Marital Status	Married/Single/Divorced
Education	High School/College/Graduate
Income	Annual income in thousands of dollars
Health Insurance	Yes/No
Smoking	Yes/No
Alcohol Consumption	Frequency of alcohol consumption
Exercise	Frequency of exercise
Stress	Level of stress
Depression	Presence of depression
Loneliness	Level of loneliness
Life Satisfaction	Overall life satisfaction

Table 3: Summary of the data	
Variable	Description
Age	Age in years
Gender	Male/Female
Marital Status	Married/Single/Divorced
Education	High School/College/Graduate
Income	Annual income in thousands of dollars
Health Insurance	Yes/No
Smoking	Yes/No
Alcohol Consumption	Frequency of alcohol consumption
Exercise	Frequency of exercise
Stress	Level of stress
Depression	Presence of depression
Loneliness	Level of loneliness
Life Satisfaction	Overall life satisfaction